

MANAGING UNCERTAINTY & STAYING CONNECTED

FREE ZOOM SESSION FOR PARENTS



Join us for a couch conversation for parents/ carers about the importance of staying connected as a family with our constantly changing future.

We will explore:

- » Transitioning back to childcare/kinder/ school/work – and LIFE!
- » Dealing with anxieties that may still be present
- » Practical strategies to support every member of the family

Tuesday the 1st of June

6.00pm-7.30pm

Via Zoom

Proudly supported by



Book via our website **www.ds.org.au**

(just click on Parenting Groups and scroll down)



Call 9663 6733 with any queries



We acknowledge the traditional owners of the land where we work and pay respects to elders past, present and future.