

# TRANSITION BACK TO PRIMARY SCHOOL



## COUCH CHAT

– a FREE seminar around navigating the return to school for primary aged children

Has your child been feeling anxious about returning to school?

Are you worried about how your child is coping?

Would you like some hints for smoothing the way as face to face classes start again?

During this seminar, we will explore how parents can support their child's return to primary school and address the anxieties they may be experiencing.

This free seminar will offer parents ideas and strategies to help children with their worries. You will have a unique opportunity to hear from and ask questions of a family support worker, primary school teacher and child practitioner.

THURSDAY  
OCTOBER 15  
7:00pm

Book via website below and  
we will send you Zoom link

Email Sinem at [sinem.celep@ds.org.au](mailto:sinem.celep@ds.org.au) or go to [www.ds.org.au](http://www.ds.org.au) and follow links