



# Stepping Stones Triple P

## The Course

Stepping Stones Triple P has been developed for parents of children aged 2-12 years (parents with older children maybe considered) with a disability or at risk of developing behaviour problems.

Stepping Stones Triple P can help you:

- Manage problem behaviours / developmental issues common in children with disabilities
- Encourage behaviour you like
- Cope with stress
- Develop a close relationship with your child
- Teach your child new skills

**Where:** Werribee Baptist Church, 225 Heaths Road, Werribee

**When:** Wednesday May 1– 29 May, & 26 June.

The course starts with 5 weekly group sessions, then 3 weeks where we don't meet but parents are practicing their response plan/behaviour strategies at home & are support by weekly phone calls, and then one final group session.

**Time:** 10:00am – 12:00pm

**Cost:** Free (Bookings are essential)

**\*\*Childminding available upon request\*\***

## RSVP

Please contact Abigail Hoy to confirm your attendance:

✉ regionalparentingservice@mackillop.org.au

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