

# Tuning in to Kids<sup>®</sup>

## Emotionally Intelligent Parenting

A parenting program for parents of children aged 3 - 10 years.

### Learn how to be better at:

- talking with your child
- understanding your child
- helping your child manage their emotions
- preventing behaviour problems in your child
- teaching your child to deal with conflict

Tuning in to Kids<sup>®</sup> shows you how to help your child develop emotional intelligence.

### Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

**Emotional intelligence may be a better predictor of academic and career success than IQ!**

**Where:** Wyndham Vale IPC Health Meeting room 1  
510 Ballan Road, Wyndham Vale, VIC, 3024

**When:** Term 2  
6 consecutive weekly sessions on Thursdays:  
30<sup>TH</sup> April, 7<sup>th</sup> May, 14<sup>th</sup> May, 21<sup>st</sup> May, 28<sup>th</sup> May, 4<sup>th</sup> June

**Time:** 10am to 12pm

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